

## Alltime records Köln Marathon

### Frauen

Jahr	Name	Nation		Zeit
1	Helena Kirop	KEN	2012	02:25:34
2	Angelina Kanana	KEN	1997	02:27:27
3	Shetaye Bedaso	ETH	2012	02:27:29
4	Luminita Zaituc	GER	2006	02:28:24
5	Janet Rono	KEN	2013	02:28:36
6	Malgozata Sobanska	POL	2000	02:28:42
7	Makda Harun	KEN	2012	02:29:03
8	Sabrina Mockenhaupt	GER	2007	02:29:33
9	Robe Tola Guta	ETH	2008	02:29:36
10	Malgozata Sobanska	POL	1998	02:29:39

### Männer

1	Alfred Kering	KEN	2012	02:07:37
2	Limenh Getachew	ETH	2012	02:07:39
3	Duncan Koech	KEN	2012	02:07:53
4	Laban Mutai	KEN	2012	02:08:01
5	Evans Kipkogei Ruto	KEN	2009	02:08:36
6	Samson Bungei	KEN	2009	02:08:36
7	Raymond Kipchumba Choge	KEN	2016	02:08:39
8	Samson Kipron Barmao	KEN	2011	02:08:56
9	Adam Khamis	KEN	2009	02:09:09
10	Victor Lagat	KEN	2012	02:09:13

## Alltime records Halbmarathon Köln

### Frauen

Jahr	Name	Nation		Zeit
1	Sabrina Mockenhaupt	GER	2008	01:08:51
2	Alina Reh	GER	2018	01:09:31
3	Irina Mikitenko	GER	2006	01:10:09
4	Sabrina Mockenhaupt	GER	2011	01:10:33
5	Sabrina Mockenhaupt	GER	2006	01:10:35
6	Luminita Ziatuc	GER	2007	01:11:54
7	Sabrina Mockenhaupt	GER	2013	01:10:55
8	Sabrina Mockenhaupt	GER	2017	01:12:05
9	Eleni Gebrehiwoth	GER	2011	01:12:24
10	Simret Restle-Apel	GER	2015	01:12:28

### Männer

1	Leonard Langat	KEN	2010	01:03:00
2	Melaku Belachew	ETH	2014	01:03:26
3	Hendrik Pfeiffer	GER	2015	01:03:42
4	Tom Gröschel	GER	2016	01:04:49
5	Tom Förster	GER	2022	01:04:50
6	Samuel Fitwi	GER	2022	01:04:53
7	Collins Kibet	KEN	2010	01:05:08
8	Hendrik Pfeiffer	GER	2013	01:05:11
9	Filmon Teklebrhan	GER	2022	01:05:17
10	Jan Fitschen	GER	2010	01:05:19